

SEMINAR 2019:

*"FROM BIOMECHANICS OF SCENIC MOVEMENT
TO EXPRESSIVE ACTION.*

EMOTIONAL GESTURE."

**PRESENTED BY MARIA SCHMAEVICH
N.Karpov's method**

Work on A.Chehov's "The Seagull" and Molière's "Don Juan"

**The seminar will take place at "Teatro del Giglio in Lucca (Tuscany, Italy)
from 2 to 12 August, 2019 (August the 7th rest day)**

PROGRAM OF THE SEMINAR

First part:

*DEVELOPMENT OF THE ACTOR'S PSYCHOPHYSICAL QUALITIES. INDIVIDUAL,
PAIR AND GROUP TRAINING*

Exercises on flexibility, coordination, tension, equilibrium.

Exercises with objects: chair, table, stick, little ball etc.

Individual and pair acrobatics.

Exercises to develop the perception of the partner and at the same time of
space, speed, time.

Falls, fights, brawls, scenic blows.

Second part:

ACQUISITION OF THE PRINCIPLES OF THEATRICAL BIOMECHANICS

Concept of the position of the actor's own body and perception of the shape of
the movement.

Concept of "Otkaz" (refusal): preparation and perception of the beginning of
the movement.

Concept of "Tochka" (point): perception of the form and degree of tension of
this position.

Concept of "Tormos" (brake): perception of the force of inertia.

Concept of impulse and its development in the movement.

Concept of "Possyl" (push): perception of the structure of the movement in its
force, amplitude, outline, character

Concept of "Phrase": transition from movement to action.

Composition of the movement on the basis of the principles of theatrical
biomechanics.

Third part:

ACTIVE ANALYSIS OF THE DRAMATURGICAL TEXT AND REHEARSALS

(Study on A.Chehov's "The Seagull" and Molière's "Don Juan")

Concept of "Situation", "Event" and "Action".

Principle of division of the Action in "Phrases".

Play with the action in "Otkaz".

Expression of action with word and movement.

Plastic features of the character.

Construction of the acting on the principles of theatrical biomechanics.

HOW TO APPLY

The number of available places is limited: those wishing to participate should fill the application form on : www.teatrodelgiglio.it rubrica News

The application form must be filled and sent to natascialoquinova@hotmail.com before July 15th, 2019.

Please note that the seminar will be translated in English only if a minimum number of six English speaking participants is reached.

For more information contact Natascia Loguinova by phone: +39 340 7748432 or by email: natascialoquinova@hotmail.com

HOW TO PAY

The cost of seminar is 550,00 € (those who have already participated in the seminar the price is 450 €) : including 70 hours of lessons (seven hours for day for ten days) , to be paid before July 21, 2019 by bank transfer to:

BANCA: Credito Valtellinese

IBAN code: IT 79I 05216 13700 000000015078.

Beneficiary's name: "A.D.S. Gym Star"

with remarks: " For Theatre Biomechanics Seminar (name of the participant)"